

dinamica **ballet**
fitness



FITNESS collection



FLOOR
MOUNTED
SUPPORTS



WALL
MOUNTED
SUPPORTS



PORTABLE
BALLET
BARRES



MIRRORS

Fitness collection by Dinamica Ballet



FLOOR MOUNTED SUPPORTS

PINA-FIX FITNESS

The PINA-FIX FITNESS floor-fixed supports for double-height wooden beams have been developed for disciplines such as barre fitness, Pilates, functional training and other activities requiring high structural performance. Their exclusive design, featuring a rectangular base, six anchors and a double steel column structure, provides optimal stability for dynamic exercises with high load demands.



Height of barres: 107 and 84 cm

Distance between barres: 23 cm

Diameter of upright: 50 mm Ø

For wooden beams with a diameter of 40 mm Ø

Base dimensions: 28 x 14 cm

Weight per support: 7.8 kg



AVANT-FIX FITNESS

Designed for high-intensity training sessions, the AVANT-FIX FITNESS is a floor-fixed support for a single wooden beam. Its exclusive structural geometry, featuring a rectangular base with six fixing points and a diagonal brace, provides excellent strength under heavy loads and rapid weight shifts. Designed for barre fitness studios, Pilates spaces, functional training environments and gyms, it allows precise, fluid and controlled movement work.



Height: 105 cm

Diameter of upright: 50 mm Ø

For wooden beams with a diameter of 40 mm Ø

Base dimensions: 28 x 14 cm

Weight per support: 6.9 kg

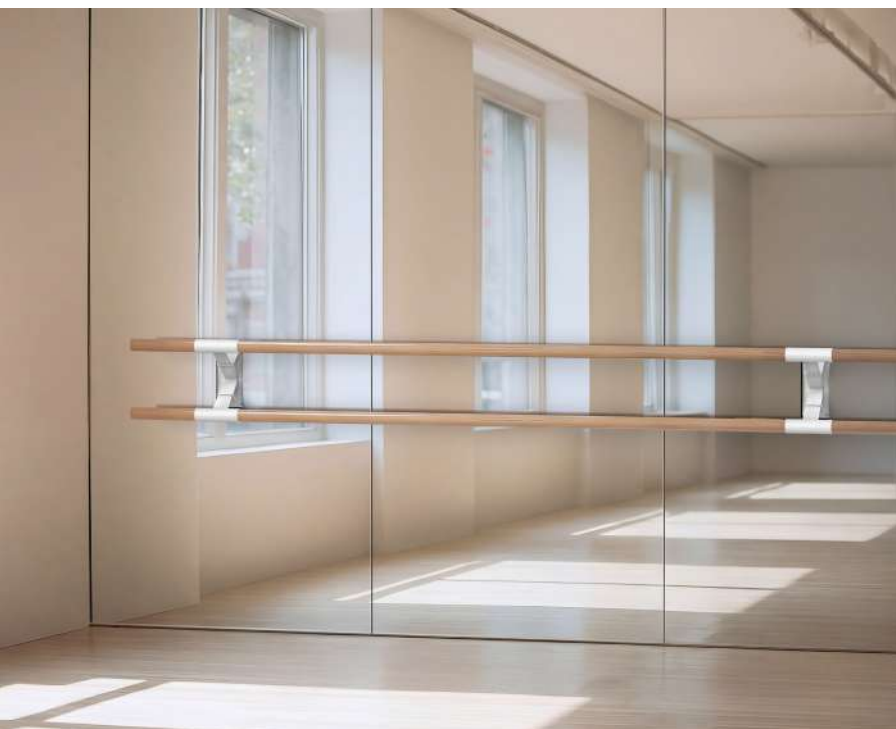


When training is demanding, every detail matters. The Dinamica Ballet Fitness Collection includes two wall-mounted supports and two floor-fixed supports designed for disciplines such as **barre fitness, Pilates, functional training and other high-intensity practices.**

Created for **studios, gyms and contemporary training environments**, this collection of supports for single and double wooden barres has been created to provide a firm, safe and durable working supports. The collection is designed to accompany dynamic sessions involving sustained pressure and rapid weight shifts, maintaining control, fluidity and confidence throughout practice.



WALL MOUNTED SUPPORTS



ARABESQUE DOUBLE FITNESS

The ARABESQUE DOUBLE FITNESS wall-mounted brackets for two wooden beams have been designed for spaces where intensity is high and stability is essential. Their structural geometry and steel fixing base provide firmness in every exercise. Designed for barre fitness studios, functional training spaces and gyms, they allow precise and safe work during demanding training sessions.



Distance between barres and wall: 18 cm

Distance between barres: 23 cm

For wooden beams with a diameter of 40 mm Ø

Weight per support: 1.9 kg

ARABESQUE SINGLE FITNESS

The ARABESQUE SINGLE FITNESS wall-mounted bracket for a single wooden beam has been created for spaces where stability and strength are essential. Its exclusive design allows confident training in disciplines such as barre fitness, Pilates and functional training, where the barre becomes a natural extension of movement. The steel fixing base with four fixing points and its structural geometry provide a solid foundation for daily practice. The result is a bracket that responds firmly to intense pressure, maintaining control in every movement.

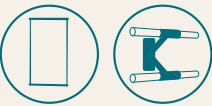


Distance between barre and wall: 18 cm

For wooden beams with a diameter of 40 mm Ø

Weight per support: 1 kg

Fitness studio solutions



MIRROR SETS WITH WALL MOUNTED SUPPORTS



Combination of AMADEUS mirror systems integrated with ARABESQUE FITNESS wall-mounted brackets, SINGLE or DOUBLE, available in white or black.

Combination of alternating FIGARO mirrors with ARABESQUE FITNESS wall-mounted supports, SINGLE or DOUBLE, available in white or black.

AMADEUS

The AMADEUS mirror includes a rectangular opening compatible with our ARABESQUE FITNESS wall-mounted supports, single or double, allowing the creation of functional training spaces prepared for continuous professional use.

Dimensions	200 x 100 x 2.5 cm 170 x 100 x 2.5 cm
Frame colour	White or black
Dimensions of opening	10 x 20 cm
Position of opening	Refer to technical drawing
Mirror thickness	4 mm
Total weight	Height 200: 30 kg Height 170: 25 kg



FIGARO

The FIGARO mirror is wall-mounted and can be installed either horizontally or vertically. Designed to adapt perfectly to the needs of studios, gyms and contemporary training spaces.

Dimensions	200 x 125 x 2.5 cm 200 x 100 x 2.5 cm 170 x 100 x 2.5 cm
Frame colour	White or black
Mirror thickness	4 mm
Total weight	200 x 125 cm: 34 kg 200 x 100 cm: 30 kg 170 x 100 cm: 25 kg



Fitness studio solutions



PORTABLE BALLET BARRES with or without wheels

PINA

Our PINA mobile barre is a double-height barre with steel bases designed to meet the demands of a fitness studio environment. This model is available with or without wheels, always maintaining its portability and stability.



Height without wheels	U.b.: 101 cm L.b.: 79 cm
Height with wheels	U.b.: 102 cm L.b.: 80 cm
Distance between barres	19 cm
Diameter of upright	50 mm Ø
Diameter of barres	40 mm Ø
Base dimensions	Without wheels: 9.5 x 32 x 1 cm With wheels: 39.5 x 32 x 2 cm
Length of wooden barres	1.5 m, 2 m
Total weight, without wheels	31.5 kg with 1.5 metre beams 32.5 kg with 2 metre beams
Total weight, with wheels	50.5 kg with 1.5 metre beams 51 kg with 2 metre beams



AVANT

Our AVANT mobile barre with a single wooden barre offers stability, strength and mobility during training sessions. Available with or without wheels, both versions maintain excellent portability and stability.



Height of the barre	Without wheels: 103 cm With wheels: 104 cm
Diameter of upright	50 mm Ø
Diameter of barre	40 mm Ø
Base dimensions	Without wheels: 39.5 x 32 x 1 cm With wheels: 39.5 x 32 x 2 cm
Length of wooden barre	1 m, 1.5 m
Total weight, without wheels	27.5 kg with 1 metre beam 28 kg with 1.5 metre beam
Total weight, with wheels	46.5 kg with 1 metre beam 47 kg with 1.5 metre beam





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